

DIABETES LOG

SUNDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
MONDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
TUESDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
Glocose.	Glocose	Glocose.
WEDNIEGDAY		
WEDNESDAY		Diagram (list for a da)
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:



THURSDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
FRIDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
		+
SATURDAY		
Breakfast: (list foods)	Lunch (list foods)	Dinner (list foods)
Glucose:	Glucose:	Glucose:
		1

NOTES TO MENTION AT NEXT VISIT (if any):